

Race Position	Race No	First Name	Surname	Guntime	Chip Time	Cat	Club / Team
17	40	Caroline	Cheptanui	01:17:08	01:17:07	SL	
24	39	Banuelia	Katesigwa	01:18:32	01:18:30	SL	
28	41	Nikki	Smith	01:18:56	01:18:55	SL	Witney Roadrunners
40	34	Helen	Parkinson	01:21:27	01:21:25	SL	Torbay AC
50	33	Debbie	Coslett	01:23:00	01:22:58	SL	Winchester & Dist AC
54	47	Jennifer	Ledford	01:23:29	01:23:27	SL	US Marine
122	1086	Alison	Mcewing	01:28:49	01:28:46	SL	Erme Valley Harriers
135	4108	Michelle	Mathias	01:29:20	01:29:12	SL	
142	2366	Beccy	Davidson	01:29:31	01:29:11	SL	
145	2491	Ami	Yetton	01:29:39	01:29:21	SL	Plymouth Harriers
148	2432	Annette	Bruce	01:29:51	01:29:31	SL	Plymstock Road Runners
155	4173	Lucy	Goldsmith	01:30:31	01:30:15	SL	Shaftesbury Barnet Harriers
165	46	Heather	Pine	01:31:00	01:30:57	SL	US Marine
184	45	Erin	Demochko	01:31:57	01:31:54	SL	US Marine
196	1791	Harriet	Morgan	01:32:28	01:32:15	SL	Tamar Trotters
238	2388	Kerry	Smith	01:33:58	01:33:34	SL	Tamar Trotters
293	156	Amy	Groombridge	01:35:53	01:34:10	SL	Plymouth Sound Unite
304	4015	Rowena	Melbourne	01:36:19	01:35:58	SL	IS
314	3173	Nicky	Putman	01:36:44	01:36:24	SL	Devon & Somerset Fire Rescue S
330	786	Naomi	Bickley	01:37:02	01:36:19	SL	
384	3498	Anna	Hunkin	01:38:22	01:38:12	SL	D & C Police
392	632	Caren	Doig	01:38:30	01:37:37	SL	
406	1174	Kelly	Graham	01:38:47	01:38:24	SL	
439	2223	Lucie	Luke	01:39:33	01:38:57	SL	Tavistock A C
466	4921	Holly	Newton	01:40:15	01:39:00	SL	
488	158	Jasmine	Clamp	01:40:57	01:40:26	SL	Plymouth Sound Unite
492	1854	Amy	Sainsbury	01:40:59	01:40:16	SL	
493	3487	Miriam	Butler	01:40:59	01:39:59	SL	
506	4073	Hannily	Harvey	01:41:23	01:40:27	SL	
514	1282	Lucy	Rutherford	01:41:29	01:39:49	SL	
570	1961	Emma	Lake	01:42:53	01:41:13	SL	
578	4148	Kirsty	Stone	01:43:00	01:41:54	SL	Cannons
600	3302	Sophie	Carwardine	01:43:27	01:43:21	SL	
625	762	Jenny	Walrond	01:43:51	01:42:52	SL	
628	519	Andrea	Galley	01:43:53	01:38:43	SL	
670	1933	Sarah	Buchan	01:44:40	01:44:22	SL	Britannia Royal Naval College
680	935	Susanne	Druce	01:44:47	01:44:00	SL	D & C Police
685	1969	Sarah	Clift	01:44:48	01:44:09	SL	Plymouth Harriers
700	3328	Deborah	Cross	01:45:09	01:43:58	SL	Cannons
710	551	Sarah	Megginson	01:45:21	01:44:56	SL	
722	2026	Tracey	Buckley	01:45:33	01:44:20	SL	East Cornwall Harriers
723	4376	Josie	Dade	01:45:33	01:44:37	SL	
735	4014	Holly	Wevill	01:45:43	01:45:07	SL	
743	1630	Rebecca	Mingo	01:45:47	01:43:59	SL	
747	2285	Leigh	Marshall	01:45:48	01:43:51	SL	
767	4754	Lisa	Snell	01:46:02	01:43:57	SL	
797	2175	Donna	Reid	01:46:37	01:46:11	SL	
800	4210	Lynsey	Behan	01:46:38	01:46:18	SL	
807	4042	Rachel	Short	01:46:46	01:41:26	SL	Tavistock A C
841	1076	Beverley	Dowrick	01:47:29	01:46:09	SL	Plymstock Road Runners
842	2512	Isla	Kennedy	01:47:29	01:46:28	SL	Plymstock Road Runners
849	673	Kelly	Lake	01:47:38	01:46:21	SL	
850	1686	Hanna-katariin	Seikola	01:47:39	01:45:46	SL	
856	3816	Anna	Stephenson	01:47:51	01:45:27	SL	
857	2163	Helen	Roper	01:47:52	01:46:54	SL	Alchester Rc
873	4621	Debbie	Starkey	01:48:02	01:45:39	SL	
876	1417	Melissa	Kehoe	01:48:05	01:45:41	SL	
891	3343	Claire	Jones	01:48:30	01:48:12	SL	Erme Valley Harriers
906	3253	Katherine	O'brien	01:48:52	01:47:05	SL	
911	1154	Jacqui	Couch	01:48:55	01:47:46	SL	
918	219	Zoe	Haines	01:49:07	01:48:03	SL	St Lukes

941	1577 Ellie	Berry	01:49:28	01:47:59 SL	Hms Northumberland
945	3519 Jo	Greer	01:49:32	01:48:42 SL	Cannons
948	3512 Sophie	Clark	01:49:37	01:48:55 SL	
966	3723 Louise	Francis	01:49:52	01:48:16 SL	Plymouth Harriers
980	1083 Portia	Eardley	01:50:07	01:48:24 SL	
987	2561 Amy	Caldwell	01:50:13	01:49:24 SL	
990	2217 Elly	Smith	01:50:16	01:49:17 SL	
1034	1479 Louise	Stimpson	01:51:06	01:49:03 SL	
1068	4598 Amber Rose	Kerrison	01:51:37	01:51:07 SL	Tamar Trotters
1076	4886 Laura	Marshall	01:51:42	01:49:09 SL	Plymstock Road Runners
1079	1114 Meike	Keil	01:51:45	01:50:06 SL	Pms
1088	3185 Katherine	Kabala	01:51:56	01:47:23 SL	
1111	4089 Gail	Morgan	01:52:19	01:48:18 SL	
1118	2153 Heidi	Burdett	01:52:27	01:50:09 SL	
1122	4112 Katy	Sainsbury	01:52:28	01:50:09 SL	
1131	3933 Naomi	Butler	01:52:36	01:50:24 SL	
1139	3862 Kaylee	Allan	01:52:44	01:51:07 SL	
1145	4282 Eleanor	Webb	01:52:51	01:49:11 SL	
1161	2347 Katy	Rose	01:53:05	01:51:56 SL	
1164	3781 Danielle	Hipkins	01:53:06	01:50:56 SL	
1181	2596 Samantha	Stockdale	01:53:18	01:48:29 SL	
1197	183 Angela	Dann	01:53:34	01:52:15 SL	St Lukes
1201	1437 Birgit	Cloos	01:53:38	01:53:10 SL	
1202	2569 Sarah	Billings	01:53:43	01:52:07 SL	Plymouth Harriers
1212	3460 Rachel	Vaughan	01:53:57	01:52:01 SL	
1213	2445 Tracy	Saxby	01:53:59	01:52:40 SL	
1214	3262 Sarah	Butcher	01:53:59	01:52:34 SL	
1221	3226 Elizabeth	Parsons	01:54:03	01:52:24 SL	
1227	2843 Karina	Coverley	01:54:07	01:52:55 SL	
1228	3750 Rebecca	Herring	01:54:09	01:52:37 SL	
1248	687 Lucy	Hall	01:54:21	01:52:37 SL	
1252	1833 Rachel	Jameson	01:54:24	01:53:49 SL	
1254	2035 Jo	Morgan	01:54:24	01:53:27 SL	
1257	1580 Emily	Whitehead	01:54:27	01:50:28 SL	
1263	4198 Deborah	Hughes	01:54:31	01:51:28 SL	Womens Running Network
1266	525 Julie	Woodman	01:54:34	01:53:17 SL	Running 4 Women
1275	1252 Karina	Eustace	01:54:42	01:53:49 SL	
1282	2919 Helen	Thornycroft	01:54:49	01:53:20 SL	
1284	4569 Leanne	Symons	01:54:50	01:49:48 SL	
1285	4966 Jacqueline	Bartlett	01:54:50	01:49:15 SL	
1292	798 Maria	Pears	01:54:57	01:53:06 SL	Devonshire Health & Racket Clu
1294	2041 Leah	Brown	01:54:58	01:54:01 SL	
1302	1942 Nicola	Capeling	01:55:10	01:53:26 SL	Tamar Trotters
1326	2131 Caroline	Thomas	01:55:37	01:54:14 SL	RNAC
1352	4595 Kate	Fairhall	01:56:02	01:53:39 SL	
1358	766 Lauren	Yates	01:56:07	01:51:21 SL	
1368	1957 Hilary	Northcott	01:56:16	01:53:53 SL	
1376	1030 Felicity	Penwill	01:56:22	01:53:53 SL	
1390	1549 Charlotte	Duffield	01:56:35	01:55:01 SL	
1397	1225 Marieh	Esmaeelpour	01:56:39	01:53:55 SL	
1412	2411 Victoria	Charlesworth	01:56:50	01:52:44 SL	
1413	4607 Laura	Embling	01:56:51	01:54:59 SL	
1414	2805 Lucy	Daniels	01:56:52	01:55:22 SL	
1419	1828 Samantha	Garbutt	01:57:01	01:55:46 SL	
1427	3239 Kirsten	Mccallum	01:57:08	01:53:00 SL	
1428	3772 Rachel	Abercrombie	01:57:09	01:54:53 SL	
1442	2453 Lucy	Roissetter	01:57:29	01:55:32 SL	
1448	4843 Jessica	Lockett	01:57:37	01:54:57 SL	
1472	3116 Laura	Walters	01:58:01	01:53:35 SL	Plymouth Harriers
1476	920 Amanda	Moore	01:58:04	01:57:12 SL	
1487	4565 Helen	Harris	01:58:14	01:56:22 SL	
1493	49 Ellie	Carter	01:58:18	01:57:29 SL	RN RM Challenge
1503	3303 Hannah	Throgmorton	01:58:39	01:56:15 SL	
1522	1168 Elizabeth	Willsteed	01:58:52	01:56:55 SL	Devon Donkeys

1527	4137 Rachel	Downes	01:58:55	01:55:27	SL	
1534	2690 Kelly	Scrivener	01:59:04	01:57:07	SL	
1536	2288 Yolanda	Garcia	01:59:09	01:57:52	SL	
1545	3384 Natalie	Toy	01:59:16	01:58:09	SL	
1549	821 Claire	Poynton	01:59:22	01:55:44	SL	
1550	3174 Olivia	Devoy	01:59:25	01:53:28	SL	
1555	3012 Rachel	Stoneman	01:59:29	01:55:49	SL	
1560	3936 Emma	Stokes	01:59:36	01:54:32	SL	
1576	3674 Sarah	Brown	01:59:47	01:58:17	SL	
1577	2090 Andrena	Lynes	01:59:47	01:57:15	SL	
1585	949 Charlotte	Davey	01:59:51	01:57:05	SL	Mounts Bay Harriers
1595	1130 Hayley	Heath	01:59:56	01:56:39	SL	
1611	1224 Sarah	Nicholson	02:00:15	01:59:46	SL	
1618	2909 Kirstie	Mitchinson	02:00:20	01:58:02	SL	
1620	842 Elizabeth	Maynard	02:00:21	01:58:10	SL	
1630	2222 Pippa	Griffin	02:00:28	01:57:55	SL	D Runners
1652	3951 Katherine	Rawlinson	02:00:50	01:55:04	SL	
1654	4220 Gayle	Jamieson	02:00:51	01:58:44	SL	
1664	2333 Bethany	Wilshaw	02:00:59	01:57:58	SL	Tamar Trotters
1669	3736 Emily	Johns	02:01:02	01:58:42	SL	
1674	4764 Olivia	Gokhale	02:01:14	01:59:41	SL	
1675	2890 Rebecca	Lawrence	02:01:17	01:55:57	SL	
1676	3334 Linsey	Walklin	02:01:17	01:55:57	SL	Cannons
1685	4240 Joanna	Shuttleworth	02:01:29	01:58:39	SL	
1687	2218 Rebecca	Bashforth	02:01:32	01:59:01	SL	
1695	1612 Emma	Langstaff	02:01:39	01:57:23	SL	
1698	4335 Sarah	Nicholls	02:01:45	01:58:01	SL	
1700	882 Jennifer	Bye	02:01:45	02:01:03	SL	Team Bye
1702	2039 Samantha	Marsh	02:01:45	01:56:30	SL	
1704	4688 Victoria	Williams	02:01:46	01:58:48	SL	
1709	2133 Mandy	Apps	02:01:53	02:00:11	SL	
1719	1394 Katie	Lenton	02:02:02	01:58:04	SL	
1721	2056 Jennifer	Rogers	02:02:04	01:59:36	SL	
1728	3727 Mette	Hersby	02:02:09	01:58:46	SL	
1731	3526 Gabriella	Sardu	02:02:11	02:00:34	SL	
1743	1650 Amy	Weiser	02:02:21	02:00:23	SL	
1755	3774 Tanya	Alexander	02:02:33	02:00:39	SL	
1758	3825 Heidi	Mcdowell	02:02:36	02:01:33	SL	
1768	4907 Sharon	Paynter	02:02:49	01:59:51	SL	Tamar Trotters
1779	371 Kerensa	Roberts	02:03:09	02:00:59	SL	NSPCC
1789	1829 Joanna	Northey	02:03:14	02:00:34	SL	Launceston Road Runners
1800	2154 Caroline	Pellow	02:03:31	02:00:25	SL	
1804	2822 Alison	Caldwell Pinto	02:03:34	02:01:32	SL	
1812	1460 Lucy	Allen	02:03:41	02:03:06	SL	
1821	4702 Joanna	Taylor	02:03:45	02:01:54	SL	Bacchanalia
1830	608 Alexandra	Doughty	02:04:07	02:03:33	SL	
1843	3617 Charlotte	Stephens	02:04:26	02:02:03	SL	
1849	1859 Melanie	Roberts	02:04:32	01:59:14	SL	
1850	3336 Rachel	O'sullivan	02:04:32	01:59:14	SL	
1859	3312 Janine	Carter	02:04:45	01:59:58	SL	
1870	2759 Carrie	Eichstedt	02:04:55	02:01:38	SL	
1876	3547 Julie	Kirtley	02:5:00	02:01:14	SL	
1885	4323 Lizzie	Gerrard	02:05:11	02:02:23	SL	
1890	2639 Cathryn	Bishop	02:05:19	02:02:06	SL	
1894	2618 Eva	Wilkins	02:05:22	02:01:48	SL	
1900	3292 Alexandra	Cleeve	02:05:26	02:00:26	SL	
1908	539 Kate	Aslett	02:05:34	02:05:12	SL	Running 4 Women
1911	181 Reema	Bhatt	02:05:35	02:02:13	SL	St Lukes
1919	4876 Sian	Rees	02:05:48	02:02:48	SL	
1920	70 Sam	Slade	02:05:54	02:05:33	SL	
1925	2677 Claire	Marks	02:05:59	02:03:05	SL	
1928	329 Natalie	Long	02:06:03	02:03:42	SL	Dame Hannah Rogers Trust
1935	2241 Katie	Lobb	02:06:09	02:05:05	SL	
1936	1169 Louise	Webb	02:06:10	02:00:40	SL	

1937	3764 Steff	Bright	02:06:11	02:02:57 SL	
1941	4639 Jennifer	Stott	02:06:16	02:01:33 SL	
1942	2356 Katie	Street	02:06:18	02:04:20 SL	
1948	1347 Rebecca	Chowdhury	02:06:27	02:03:52 SL	Womens Running Network
1971	3105 Emma	Rule	02:07:01	02:04:22 SL	Bishop Fleming
1980	319 Gemma	Ravensdale	02:07:08	02:04:48 SL	Dame Hannah Rogers Trust
1981	2120 Becky	Prideaux	02:07:11	02:04:30 SL	Launceston Road Runners
1983	2541 Victoria	Fairclough	02:07:19	02:04:54 SL	
1984	4751 Helen	Trudgeon	02:07:20	02:01:44 SL	Plymouth Harriers
1991	1649 Lucy	Mcphee	02:07:27	02:04:44 SL	
2003	961 Gillian	Lake	02:07:44	02:05:48 SL	
2008	4385 Deborah	Andrew	02:07:45	02:05:15 SL	
2010	2289 Kathryn	Rayson	02:07:47	02:03:58 SL	
2014	4352 Lucy	Kent	02:07:51	02:04:59 SL	
2023	3251 Ruth	Arnell	02:07:58	02:06:33 SL	
2036	269 Gemma	Forde	02:08:10	02:07:10 SL	RNLI
2039	2731 Sophie	Ridley	02:08:12	02:05:10 SL	Tamar Trotters
2043	4466 Tanya	Jones	02:08:15	02:08:08 SL	
2050	4012 Ann	Talton	02:08:24	02:06:33 SL	
2075	2050 Zoe	Sibbick	02:09:05	02:06:59 SL	
2077	2624 Kate	Aspinall	02:09:07	02:06:24 SL	
2096	2548 Amy Louise	Mann	02:09:24	02:08:52 SL	
2097	2003 Vicky	Murphy	02:09:25	02:06:21 SL	
2109	3071 Jenny	Wall	02:09:32	02:07:27 SL	
2141	1900 Katie	Patrick	02:09:58	02:07:30 SL	
2144	1226 Hayley	Clemens	02:10:09	02:05:26 SL	
2145	1227 Elaine	Hyett	02:10:09	02:05:26 SL	
2151	1818 Rhian	Evans	02:10:15	02:09:04 SL	
2160	905 Phoebe	Lomax	02:10:28	02:06:02 SL	University Of Plymouth Ladies
2166	4765 Verity	Backhouse	02:10:34	02:08:21 SL	
2176	3150 Jo	Thorn	02:10:44	02:07:42 SL	Plymouth Harriers
2181	4388 Elena	Novakova	02:10:51	02:09:07 SL	
2189	1852 Nicola	Cotton	02:10:57	02:05:40 SL	Womens Running Network
2196	973 Sophie	Mcgrory	02:11:10	02:07:56 SL	
2206	3878 Leigh	Hannam	02:11:19	02:08:31 SL	
2211	2892 Paula	Pascoe	02:11:24	02:07:34 SL	
2217	1046 Sophie	Daykin	02:11:27	02:07:48 SL	
2218	1532 Emma	Watkins	02:11:29	02:09:09 SL	
2223	4273 Helen	Legrys	02:11:33	02:08:16 SL	
2225	863 Lisa	Chapman	02:11:36	02:09:13 SL	
2230	4103 Clare	Gallop	02:11:48	02:07:58 SL	Womens Running Network
2233	2666 Lottie	Mayne	02:11:52	02:09:48 SL	
2237	4060 Sarah	Squire	02:11:55	02:10:24 SL	
2243	2791 Lucy	Brentnall	02:12:00	02:09:53 SL	Bracknell Forest Runners
2254	4893 Carly	Rudder	02:12:10	02:08:26 SL	
2256	3132 Eva	Krivanova	02:12:11	02:11:12 SL	
2258	2592 Kathy	Mayhew	02:12:15	02:08:48 SL	
2263	2725 Abi	Richardson	02:12:30	02:06:33 SL	Plymstock Road Runners
2267	3843 Elina	Kansikas	02:12:36	02:06:34 SL	
2271	4692 Lisa	Mills	02:12:49	02:06:54 SL	
2276	3836 Gemma	Pyle	02:12:54	02:11:15 SL	
2277	718 Charlotte	Winteringham	02:13:00	02:08:34 SL	University Of Plymouth Ladies
2292	4637 Stephanie	Walker	02:13:23	02:10:35 SL	
2299	3178 Annette	Phillips	02:13:31	02:08:11 SL	
2301	3747 Carly	Strannix	02:13:32	02:10:21 SL	
2303	4537 Nicola	Davey	02:13:32	02:12:08 SL	Groundwork
2310	4396 Claire	Tibbott	02:13:38	02:07:36 SL	
2315	4793 Natalie	Pook	02:13:46	02:09:21 SL	
2316	218 Sarah	Murchison	02:13:47	02:07:47 SL	St Lukes
2317	2667 Maxine	Stephenson	02:13:48	02:09:25 SL	
2323	3179 Sophie	Syndercombe	02:13:54	02:09:40 SL	
2326	387 Lucy	Urquhart	02:13:57	02:10:49 SL	Chicks

2328	612 Rachel	Stephens	02:13:58	02:09:24	SL	Plymstock Road Runners
2336	3197 Kelly	Davey	02:14:05	02:12:35	SL	
2338	782 Deborah	Clarke	02:14:06	02:09:45	SL	
2348	1505 Louise	Jones	02:14:16	02:12:45	SL	
2349	3199 Fern	Stackpoole	02:14:16	02:12:46	SL	
2352	2979 Kate	Reeve	02:14:22	02:13:40	SL	
2355	3845 Rebecca	Mahoney	02:14:27	02:09:14	SL	
2356	4200 Becky	Masters	02:14:27	02:14:14	SL	
2357	3799 Ruth	Baldwin	02:14:29	02:10:33	SL	
2362	4694 Kara	Williams	02:14:34	02:09:18	SL	
2363	3642 Anne	Welsh	02:14:35	02:09:40	SL	
2365	4615 Sarah	Weller	02:14:35	02:12:44	SL	Cannons
2367	2074 Laura	Wellington	02:14:38	02:12:03	SL	
2377	268 Jacqueline	Rudenko	02:14:48	02:12:30	SL	RNLI
2379	4412 Lucy	Biard	02:14:53	02:12:12	SL	
2381	4031 Rebecca	Harwood	02:14:54	02:09:38	SL	
2382	137 Tess	Williams	02:14:55	02:09:17	SL	Jeremiahs Journey
2396	3013 Catherine	Dennis	02:15:07	02:10:45	SL	
2398	2125 Emily	Risby	02:15:10	02:12:58	SL	
2403	1756 Gabrielle	Bainbridge-town	02:15:16	02:13:43	SL	Otc
2408	3486 Alison	Murphy	02:15:24	02:10:08	SL	
2413	1317 Clare	Hallett	02:15:31	02:13:06	SL	
2419	2191 Lucy	Cassidy	02:15:38	02:11:04	SL	
2422	3615 Georgina	Laphorne	02:15:40	02:11:00	SL	
2424	4575 Nicola	Brodowska	02:15:42	02:09:31	SL	
2428	4574 Gillian	Hardy	02:15:48	02:09:38	SL	
2430	783 Lisa	Nickels	02:15:51	02:10:33	SL	
2431	1110 Helen	Trevithick	02:15:51	02:13:09	SL	
2440	4186 Amy	Rogers	02:16:08	02:10:20	SL	
2444	4654 Hannah	Carr	02:16:14	02:10:12	SL	
2445	2455 Hannah	Knight	02:16:14	02:13:06	SL	
2446	153 Nikki	Khanna	02:16:14	02:11:54	SL	Plymouth Sound Unite
2449	2424 Samantha	Portman	02:16:21	02:12:39	SL	
2450	2517 Amy	Tyrer	02:16:22	02:10:15	SL	
2451	3588 Georgia	Von Sachsenbur	02:16:22	02:10:20	SL	
2455	415 Claire	Richardson	02:16:28	02:12:50	SL	Vitalise Churchtown
2456	1812 Dawn	Ward	02:16:31	02:13:54	SL	
2457	2433 Helen	Worth	02:16:34	02:14:23	SL	
2463	1586 Jo	Brown	02:16:41	02:13:35	SL	Callington
2470	3295 Emma	Southward	02:16:51	02:14:09	SL	
2472	1323 Diane	Keeling	02:16:51	02:13:36	SL	
2473	4280 Rebecca	Ahlgren	02:16:54	02:14:27	SL	
2477	382 Michelle	Wood	02:16:57	02:12:40	SL	Chicks
2481	4183 Ria	Raisbeck	02:16:58	02:11:02	SL	Williams Southern Limited
2484	4215 Trudy	Steed	02:17:02	02:11:05	SL	
2494	1959 Helen	Brookes	02:17:21	02:11:22	SL	
2495	4633 Chloe	Turner	02:17:22	02:12:43	SL	
2496	4640 Natalie	Spriggs	02:17:23	02:13:06	SL	Looe Pioneers
2498	2062 Hannah	Lenton	02:17:25	02:13:28	SL	
2499	3329 Catherine	Sykes	02:17:27	02:11:38	SL	Cannons
2501	2873 Laura	Plane	02:17:29	02:17:17	SL	
2508	3733 Emma	Pearcy	02:17:39	02:13:49	SL	
2512	1562 Helen	Fisher	02:17:49	02:16:43	SL	
2526	3863 Marie	Daykin	02:18:13	02:17:15	SL	
2528	4086 Claire	Harris	02:18:16	02:12:31	SL	
2530	958 Donna	Oliver	02:18:19	02:13:48	SL	
2531	959 Sarah	White	02:18:19	02:13:48	SL	
2540	4236 Hollie	Bennett	02:18:27	02:17:15	SL	
2557	1081 Lesley	Horne	02:18:51	02:16:18	SL	
2558	1080 Nicola	Morrish	02:18:51	02:16:19	SL	
2563	4819 Claire	Spencer	02:19:02	02:15:42	SL	
2564	138 Jo	Willis	02:19:03	02:17:37	SL	Jeremiahs Journey
2569	3742 Sarah	Burring	02:19:16	02:15:01	SL	
2572	1690 Teresa	Norton	02:19:20	02:15:16	SL	

2573	3922 Selena	Duthie	02:19:25	02:14:43	SL	
2576	3601 Rachel	Neale	02:19:30	02:15:03	SL	
2580	2103 Hannah	Deakin	02:19:35	02:16:29	SL	
2581	2882 Teresa	Holly	02:19:38	02:15:12	SL	
2589	1033 Gemma	Macdonald	02:19:47	02:13:53	SL	
2590	1019 Charisse	Nicholas	02:19:48	02:13:55	SL	
2594	1364 Louise	Smith	02:19:50	02:13:55	SL	
2597	984 Victoria	Harris	02:19:54	02:16:52	SL	
2599	4891 Tamsin	Rooker	02:19:56	02:13:51	SL	
2601	4018 Aoife	Druhan	02:19:58	02:16:02	SL	
2603	3257 Claire	North	02:20:00	02:14:11	SL	Cannons
2604	3154 Rebekah	Simmons	02:20:04	02:17:49	SL	
2607	775 Kate	Brookes	02:20:07	02:16:46	SL	
2608	1203 Suzanne	Haley	02:20:07	02:18:51	SL	
2612	2085 Charlotte	Watch	02:20:13	02:15:20	SL	
2617	2710 Sam	Laws	02:20:19	02:18:54	SL	
2622	3763 Jane	Ash	02:20:23	02:14:42	SL	Les Croupiers
2623	3362 Joanne	Manning	02:20:24	02:14:42	SL	
2625	1931 Jade	Talbot	02:20:24	02:16:33	SL	
2627	3438 Sarah	Tonkin	02:20:26	02:15:23	SL	
2635	4447 Katie	Knott	02:20:38	02:19:20	SL	
2640	3607 Sarah	Burrill	02:20:51	02:17:55	SL	
2641	2927 Casey	Flack	02:20:52	02:16:27	SL	
2642	3259 Joanne	Hawkes	02:20:52	02:19:27	SL	
2647	3707 Sally	Murrall	02:21:06	02:15:19	SL	
2648	1764 Helen	Wright	02:21:07	02:18:43	SL	
2660	1383 Sarah	Hirst	02:21:19	02:15:38	SL	Tamar Trotters
2667	408 Jenny	Gliddon	02:21:29	02:16:19	SL	Plymouth Sound Unite
2668	1901 Joanne	Llewellyn	02:21:30	02:19:01	SL	
2679	1071 Victoria	Mahoney	02:21:53	02:17:45	SL	Tamar Trotters
2686	3029 Claire	Tuffin	02:22:08	02:18:24	SL	
2691	3577 Verity	Middleton	02:22:18	02:17:17	SL	
2692	3541 Sophie	Lucas	02:22:20	02:16:30	SL	British Heart Foundation
2693	3153 Jihanne	Elsawey	02:22:22	02:16:17	SL	
2705	595 Louise	Sheridan	02:22:45	02:18:22	SL	
2706	4950 Rebecca	Tong	02:22:55	02:18:49	SL	Truro Running Club
2709	3564 Hannah	Jones	02:22:59	02:21:56	SL	
2715	4557 Michelle	Barrett	02:23:11	02:17:08	SL	
2716	263 Kate	Jackson	02:23:14	02:18:35	SL	RNLI
2719	4625 Kate	Eastment	02:23:18	02:17:56	SL	
2724	3838 Cheryl	Willcocks	02:23:25	02:18:37	SL	
2730	259 Sam	Bowhay	02:23:32	02:18:15	SL	RNLI
2737	71 Naomi	Oakesn	02:23:42	02:20:00	SL	
2739	792 Kathryn	Davis	02:23:45	02:18:56	SL	
2752	3440 Emma	Waines	02:24:03	02:20:55	SL	
2753	2917 Angela	Atalla	02:24:06	02:19:28	SL	
2764	4341 Nicola	Weaver	02:24:34	02:20:03	SL	
2769	4367 Tracey	Stopperton	02:24:43	02:20:47	SL	
2771	368 Laura	Madden	02:24:45	02:20:05	SL	NSPCC
2773	1916 Chantelle	Benger	02:24:49	02:20:06	SL	Tamar Trotters
2774	3849 Kimberley	Cox	02:24:52	02:21:24	SL	
2777	320 Vicky	Saville	02:24:54	02:22:34	SL	Dame Hannah Rogers Trust
2781	1433 Anita	Cottam	02:24:59	02:20:53	SL	Wrn Camborne
2785	669 Donna	Prince	02:25:06	02:20:20	SL	
2787	4157 Megan	Anderson	02:25:15	02:24:31	SL	
2801	1994 Helen	West	02:25:39	02:25:04	SL	
2806	3545 Rebecca	Pennington	02:25:53	02:20:02	SL	British Heart Foundation
2809	1744 Clair	Mccarthy	02:26:00	02:21:26	SL	Tamar Trotters
2810	230 Claire	Michael	02:26:00	02:23:38	SL	Vitalise Churchtown
2811	1999 Katie	Spencer	02:26:01	02:19:58	SL	
2815	2094 Katherine	Gifford	02:26:10	02:20:07	SL	
2822	344 Samantha	Banks	02:26:19	02:23:57	SL	Dame Hannah Rogers Trust
2830	3914 Nikola	Reynolds	02:26:27	02:25:08	SL	
2832	2104 Esme	Deakin	02:26:29	02:23:22	SL	

2836	3916 Claire	Zynda	02:26:31	02:25:12	SL	
2837	4434 Daniele	Simmonds	02:26:31	02:22:01	SL	
2840	3975 Anthea	Hagger	02:26:40	02:20:35	SL	
2842	4924 Lisa	Tripp	02:26:41	02:22:35	SL	Truro Running Club
2847	2216 Fiona	Mitchell	02:26:45	02:23:42	SL	
2852	3557 Nicola	Clargo	02:26:52	02:23:38	SL	
2854	365 Marie	McLaughlin	02:26:52	02:21:29	SL	NSPCC
2855	64 Natalie	Hunter	02:26:53	02:22:06	SL	
2856	304 Sue	Law	02:26:54	02:24:04	SL	Dame Hannah Rogers Trust
2870	4576 Srirupa	Desai	02:27:08	02:21:47	SL	
2874	4974 Lisa	Palmer	02:27:14	02:26:29	SL	
2877	3122 Claire	Harling	02:27:16	02:22:51	SL	
2878	4064 Debbie	Kirk	02:27:17	02:22:39	SL	Hayle Runners
2888	82 Kirsten	Mueller	02:27:46	02:25:28	SL	Vitalise Churchtown
2890	2450 Amy	Taylor	02:27:47	02:22:54	SL	
2892	1884 Charlotte	Burt	02:27:51	02:21:44	SL	
2920	3758 Teresa	Short	02:28:00	02:25:08	SL	
2922	4866 Sarah	Hirons	02:28:01	02:25:09	SL	IS
2923	2826 Denise	Doidge	02:28:01	02:25:07	SL	IS
2932	4039 Jo	Kidby	02:28:11	02:25:55	SL	
2935	3566 Emma	Underwood	02:28:13	02:23:31	SL	
2936	69 Laura	Halpin	02:28:14	02:26:49	SL	Mccauley's Health Club
2947	4209 Victoria	Kelly	02:29:11	02:25:49	SL	
2949	2299 Hannah	Dempsey	02:29:18	02:26:01	SL	
2956	1356 Cali-anne	Brewer	02:29:24	02:23:24	SL	
2961	3268 Elizabeth	Clair Symons	02:29:48	02:24:54	SL	
2962	3243 Nicola	Clevett	02:29:49	02:28:42	SL	
2970	1135 Teri	Long	02:30:08	02:25:45	SL	Tamar Trotters
2976	2965 Sonia	Green	02:30:19	02:26:47	SL	
2985	970 Rebecca	Stanlake	02:30:34	02:24:43	SL	
2987	550 Salam	Arabi-Katbi	02:30:35	02:27:06	SL	
2993	3327 Emma	Jarvis	02:30:51	02:29:05	SL	Cannons
2998	107 Sarah	Wilson	02:31:03	02:25:51	SL	Jeremiahs Journey
2999	104 Joanne	Anning	02:31:04	02:25:51	SL	Jeremiahs Journey
3000	1700 Danielle	Sloman	02:31:04	02:25:58	SL	
3004	2242 Sara	Lister	02:31:11	02:27:58	SL	
3005	2447 Katie	Bragg	02:31:12	02:26:20	SL	
3006	2185 Polly	Estridge	02:31:23	02:25:13	SL	
3013	694 Lucy	Atwill	02:31:40	02:28:29	SL	
3016	2913 Claire	Davey	02:31:59	02:26:21	SL	
3019	2476 Stephanie	Patten	02:32:07	02:28:22	SL	
3020	2033 Charlotte	Lay	02:32:12	02:27:33	SL	
3021	1067 Megan	Ferratto	02:32:19	02:27:31	SL	
3023	4017 Tracy	Bowden	02:32:31	02:27:54	SL	Hayle Runners
3029	659 Charlotte	Bell	02:32:52	02:29:28	SL	
3031	4618 Davina	Bailey	02:32:53	02:28:56	SL	
3038	1038 Jenny	Seaman	02:33:05	02:29:32	SL	
3039	1022 Sarah	Danbury	02:33:05	02:29:33	SL	
3041	167 Faye	Wood	02:33:10	02:28:47	SL	Plymouth Sound Unite
3045	4076 Kerry	Booth	02:33:36	02:27:42	SL	
3048	3726 Julie	Rasmussen	02:33:42	02:27:58	SL	
3051	2260 Tina	Cohen	02:33:55	02:27:56	SL	
3060	3755 Leanne	Head	02:34:37	02:30:25	SL	
3068	1666 Sharron	Fraser-smith	02:34:57	02:30:43	SL	
3069	2095 Zoe	Tate	02:35:00	02:29:15	SL	
3074	3820 Katja	Robins	02:35:04	02:30:57	SL	
3078	1453 Rebecca	Middleton	02:35:26	02:29:27	SL	
3082	3899 Natalie	Roberts	02:35:39	02:31:37	SL	
3087	305 Abi	Maxwell	02:35:56	02:33:35	SL	Dame Hannah Rogers Trust
3089	4130 Sarah	Pior	02:36:02	02:30:48	SL	
3090	4389 Annabel	Jenks	02:36:04	02:34:29	SL	
3096	3554 Catherine	Madley	02:36:38	02:34:31	SL	
3101	1053 Adele	Harris	02:37:02	02:34:19	SL	Devon & Somerset Fire Rescue S
3103	4701 Lucy	Hinchliffe	02:37:05	02:33:42	SL	Bacchanalia

3105	1064 Suzi	Rodd	02:37:24	02:32:51 SL	Tamar Trotters
3110	2151 Sophia	Hurlo	02:37:53	02:35:53 SL	Hms Campbeltown
3111	1853 Denise	Alexander	02:37:54	02:34:22 SL	
3113	709 Sophie	Wong	02:37:57	02:33:07 SL	
3114	3943 Joanne	Gado	02:38:00	02:32:19 SL	
3116	3424 Lyndsey	Neil	02:38:03	02:34:51 SL	
3122	1543 Helen	Valentine	02:38:19	02:32:21 SL	
3124	4897 Jenny	Strongman	02:38:21	02:33:32 SL	Tamar Trotters
3125	4896 Kimberly	Saunders	02:38:22	02:33:32 SL	
3127	4420 Jill	Leslie	02:38:26	02:34:12 SL	
3130	1544 Nicky	Marriott	02:38:41	02:32:43 SL	
3132	2139 Kate	Oats	02:38:46	02:34:52 SL	
3133	557 Rachel	Fletcher	02:38:56	02:34:07 SL	
3138	1983 Hannah	Ross	02:39:11	02:33:22 SL	
3139	199 Laura	Moss	02:39:11	02:33:25 SL	St Lukes
3141	4399 Helen	Palmer	02:39:15	02:34:59 SL	
3145	3260 Elaine	Shaw	02:39:24	02:33:26 SL	Woodford Junior School
3146	3480 Elizabeth	Bevan	02:39:24	02:33:26 SL	
3150	1320 Amy	Periton	02:39:37	02:37:11 SL	
3151	1882 Rebecca	Allen	02:39:49	02:36:13 SL	
3152	1881 Nuala	O'neill	02:39:49	02:36:13 SL	
3156	4706 Miki	Itsuji	02:40:15	02:35:24 SL	
3164	216 Vickie	Parsons	02:40:44	02:34:33 SL	St Lukes
3165	1759 Hannah	Causer	02:40:51	02:36:06 SL	
3166	2146 Natasha	Maycock	02:40:51	02:36:05 SL	
3168	4221 Leanne	Fielder	02:41:09	02:36:59 SL	
3170	3098 Nenia	Dumolong	02:41:17	02:37:06 SL	Bishop Fleming
3171	3108 Caroline	Humphries	02:41:18	02:37:06 SL	Bishop Fleming
3177	2707 Louise	Davis	02:41:36	02:36:28 SL	
3178	3505 Fiona	Wike	02:42:01	02:36:58 SL	
3180	1456 Becky	Bushnell	02:42:20	02:37:09 SL	
3182	1384 Louise	Hodge	02:42:23	02:37:12 SL	Tavistock A C
3184	3002 Melanie	Knight	02:42:33	02:37:42 SL	Infoteam
3189	524 Clare	Rapley	02:42:50	02:37:37 SL	
3192	2145 Demelza	Jarvis	02:43:19	02:37:29 SL	
3193	3597 Rebekah	Webb	02:43:32	02:37:23 SL	
3197	508 Bonnie	Ford	02:43:50	02:37:55 SL	
3206	1108 Jessica	Parsons	02:44:32	02:39:09 SL	
3208	3469 Hazel	Wilson	02:44:42	02:38:35 SL	
3219	4617 Gemma	Brice	02:45:31	02:39:22 SL	
3220	3705 Kate	Webster	02:45:41	02:40:57 SL	
3225	1676 Marie	Dyer	02:46:04	02:42:44 SL	
3229	940 Liz	Eustace	02:46:36	02:45:28 SL	
3233	121 Lisa	Trout	02:47:23	02:44:08 SL	Jeremiahs Journey
3235	1769 Charlotte	Green	02:47:29	02:41:20 SL	Wembury Primary School
3236	4894 Natalie	Burnett	02:47:31	02:41:19 SL	
3240	3191 Lindsay	Brooks	02:48:10	02:44:23 SL	
3244	3237 Rebecca	Lambert-gorwyn	02:48:58	02:43:12 SL	
3245	3780 Helen	Roser	02:49:01	02:43:08 SL	
3249	1491 Ria	Derrick	02:49:12	02:45:35 SL	
3257	151 Sarah	Strong	02:49:42	02:44:08 SL	Plymouth Sound Unite
3258	4982 Vicky	Cooper	02:50:17	02:44:46 SL	Plymouth Musketeers
3259	4981 Rebecca	Hurford	02:50:18	02:44:46 SL	Plymouth Musketeers
3260	2075 Michelle	Phillips	02:50:24	02:46:10 SL	
3261	3942 Rozenn	Larvor	02:50:24	02:45:28 SL	
3263	1607 Donna	Truswell	02:50:30	02:47:36 SL	IS
3264	1608 Debbie	Truswell	02:50:30	02:47:36 SL	
3265	2158 Emma	Brindley	02:50:42	02:44:32 SL	
3266	1652 Keila	Turner	02:50:46	02:46:24 SL	Tamar Trotters
3267	4295 Cristina	Amaral	02:50:49	02:45:01 SL	
3271	2841 Tracey	Haddock	02:50:57	02:46:47 SL	
3272	4770 Paula	Ward	02:50:59	02:50:11 SL	
3283	3289 Trudy	Clements	02:51:59	02:47:40 SL	
3285	170 Emma	Knapman	02:52:17	02:46:43 SL	Plymouth Sound Unite

3286	2255 Laura	Jones	02:52:21	02:47:12 SL	
3292	2998 Katie	Moore	02:52:40	02:48:09 SL	
3294	1908 Jes	Verwey	02:52:48	02:51:13 SL	
3295	3760 Liz	Perry	02:52:57	02:48:13 SL	
3296	3751 Jayne	Clemens	02:52:59	02:47:15 SL	Bond Pearce
3298	722 Elizabeth	Vernon	02:53:03	02:48:07 SL	
3301	237 Rebecca	Bridgman	02:53:06	02:47:01 SL	Vitalise Churchtown
3304	2314 Sarah	Mills	02:53:15	02:47:21 SL	
3305	2312 Hellen	Vaughan-william	02:53:16	02:47:22 SL	
3306	533 Sheridan	Lewis	02:53:43	02:48:28 SL	
3310	3550 Katie	Moore	02:54:04	02:50:27 SL	
3312	3691 Elizabeth	Strange	02:54:11	02:50:22 SL	UPSU
3317	1470 Claire	Mccarthy	02:55:25	02:49:43 SL	
3319	4919 Esther	Mccann	02:55:28	02:50:27 SL	
3320	4918 Lauren	Davies	02:55:28	02:50:28 SL	
3322	2630 Anna	Sweeney	02:55:45	02:52:01 SL	
3323	2781 Louise	Hill	02:55:47	02:49:39 SL	
3326	309 Emma	McVinnie	02:56:20	02:53:57 SL	Dame Hannah Rogers Trust
3328	234 Marie	Gill	02:57:03	02:50:52 SL	Vitalise Churchtown
3336	4498 Jenny	Hoare	02:58:23	02:52:46 SL	
3339	3968 Selina	Taylor	02:59:05	02:54:47 SL	
3340	1402 Clare	Simmonds	02:59:41	02:54:45 SL	
3351	826 Franziska	Empl	03:01:51	02:56:07 SL	
3352	311 Bethany	Hoskin	03:02:25	02:58:19 SL	Dame Hannah Rogers Trust
3354	1627 Anna	Barker	03:03:24	02:57:31 SL	
3356	4510 Donna	Allen	03:04:15	02:59:53 SL	
3357	149 Sian	Lane	03:04:38	03:00:43 SL	Jeremiahs Journey
3363	2232 Julia	Martin	03:06:01	03:00:55 SL	
3367	307 Dionne	Kinder	03:06:31	03:02:25 SL	Dame Hannah Rogers Trust
3369	2202 Clare	Jeffreys	03:07:09	03:02:05 SL	
3370	2252 Leanne	Stanley	03:07:09	03:02:05 SL	
3374	3414 Jane	Carroll	03:09:54	03:07:07 SL	D & C Police
3376	3028 Hannah	Robinson	03:13:02	03:07:52 SL	
3378	3766 Rebecca	Coslett	03:17:00	03:11:54 SL	
3380	3234 Brioney	Routley	03:18:02	03:12:02 SL	
3387	3380 Gemma	Pooley	03:22:43	03:16:42 SL	
3395	2915 Catherine	Curno	03:27:27	03:23:32 SL	
3396	157 Jennifer	Clamp	03:29:18	03:24:26 SL	Plymouth Sound Unite
3397	4687 Tara	Wallace	03:29:46	03:23:45 SL	Run For Archie
3408	3145 Claire	Stentiford	03:41:58	03:38:10 SL	
3418	231 Tamsin	Whithead	04:11:28	04:05:18 SL	Vitalise Churchtown